



Your Fate in
2026
The Year of
The Horse

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Published by

Forms Publications (HK) Co. Ltd.

a division of Wan Li Book Company Limited.

20/F, North Point Industrial Building,
499 King's Road, North Point, Hong Kong

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Sole Agency

SUP Publishing Logistics (HK) Limited

16/F, Tsuen Wan Industrial Centre, 220-248 Texaco Road,

Tsuen Wan, N.T., Hong Kong

Tel: 2150 2100 Fax: 2407 3062

Email: info@suplogistics.com.hk

Printed by

Elegance Printing & Book Binding Co. Ltd.

Published in November, 2025

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Published and printed in Hong Kong, China

ISBN: 978-962-14-7649-4

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SPECIAL NOTES ON THE FORTUNE IN THE YEAR OF THE HORSE

1. *Triple Conflicts*

This year, the Triple Conflicts fall in the **North**. It is most unlucky to have construction outside the house in the North or interior decoration work in the North grid of the house (a house is divided in 9 grids for Feng Shui purpose). Such works would bring poor health, sickness or injury to the family. You can resolve the external construction conflict with the 5-Element Setup (outlined in the coming sections). In case construction work or interior decoration in the North grid is unavoidable this year, start from the Northeast or Northwest end first. Then work towards the centre of the North grid. You can minimize the conflicting energy this way.

2. *Presiding god*

This year, the presiding god lies in the **South**. Again, construction work in this direction is considered unlucky as it brings arguments and health problems to the family. You can resolve with the same methods mentioned in the previous paragraph on Triple Conflicts. For any interior decoration work that needs to be done in the South grid, start from the Southeast or Southwest end of the grid first. Work towards the centre.

3. *The direction in conflicts with the presiding god*

As the presiding god sits on the South, the direction in conflict with Him would be in its direct opposite – the **North**. And it is also not advisable to have construction work in that direction. If you have to get some construction done, start on either end of the grid and work towards the centre to minimize the conflicting energy.

4. *Wu Huang* 五黃

This year, the star of major sickness Wu Huang shows up in the **South** grid. If your main door, or kitchen, or bedroom falls in the South grid of your house, your family (especially male members) would be prone to respiratory problems (e.g. in the throat or trachea) and aching bones this year. The star also brings gastrointestinal ailments, though to a lesser extent. Again, it's not advisable to have construction work or interior decoration done in the direction of Wu Huang because such activities tend to agitate the star and boost its sick energy. If such work is unavoidable, start from either end of the grid and work towards the centre to minimize the negative impacts.

Main door in the South grid: To resolve the sick energy, you can use a grey door mat and place a small piece of copper metal beneath it. If the sickness persists, you can put a conventional music box next to the door and hang wind chimes inside the door.

Kitchen in the South grid: Wu Huang coinciding with the kitchen causes the most troubles because Wu Huang is Earth while the kitchen is Fire in nature. As Fire generates Earth, the kitchen would worsen the sickness caused by Wu Huang. To resolve, put a conventional music box next to the stoves and hang wind chimes on the kitchen cabinet doors. Put a grey door mat at the kitchen door and place a piece of copper metal beneath it. You can also put more water in the kitchen to overcome the Fire energy.

Bedroom in the South grid: You can use the same method outlined in the above cases as remedy.

You should also avoid interior decoration work in the South grid of the house this year because of Wu Huang's presence. But this does not apply to houses or apartments you newly move in, in which case interior decoration work won't undermine your health.



5. **Er Hei 二黑**

This year the star of minor sickness Er Hei falls in the **Northwest**. It brings abdominal and gastrointestinal problems to the female owner (or the owner's wife) and older women in the family. It also leads to respiratory ailments to lesser extents. You can resolve the conflict with the same method mentioned in the last section on Wu Huang. Once again, avoid any construction or interior decoration work in this direction as it boosts the negative energy of Er Hei. If you need to get some construction work done in this grid, start from either end of the grid and work towards the centre.

6. **The Horse is offending the presiding god**

All Horses are said to offend the presiding god this year. They are likely to be in bad mood and have poor human relationships. Those 12-year-old Horses would feel restless and emotionally unstable. Those 24-year-old Horses would face changes in romantic terms, and are likely to get injured and sick. Pay extra attention your fingers and back. You're most susceptible to injuries and sickness in those body parts in Lunar May and Lunar November when you're advised to donate blood or get a dentist to scale your teeth, so as to pre-empt such destined bloodshed. Feel free to go on a trip abroad in Lunar May to further resolve the bad luck. Those with Cold predisposition should go to the South or the East while those with Hot predisposition should go to the North or the West. Those with Neutral predisposition may go anywhere, but going North or West would complement your predisposition better. Besides donating blood or getting your teeth scaled, you may also deploy Feng Shui setup at home to pre-empt the sicknesses – just put wet soil in the Northeast grid of your house. Those 36- and 48-year-old Horses would feel depressed and restless. You'd think of the worst case scenario all the time. You should also travel in Lunar May to get yourself in better moods, and donate blood or get your teeth scaled by a dentist in Lunar November. Those 60-year-old Horses should pay more attention to their health. If your lips look dull and dark, or you've lost all your front teeth, you're especially at risk. All those offending the presiding god would

experience more changes than usual, such as moving home or office, travelling, getting married, breaking up or giving birth to children etc. From Feng Shui point of view, one joyful event pre-empts three mishaps-to-be. Without joyful event, you'd feel depressed.

7. **The Rat is in conflicts with the presiding god**

All Rats are in conflicts with the presiding god this year. Conflicts imply movements and transformations. The Rats are thus likely to experience changes in terms of romantic relationship, career and living environment. Such changes could be good or bad depending on your date and time of birth among other factors. Generally speaking, those with Cold predisposition are advised to act more aggressively; feel free to invest in a new venture if you see fit. On the other hand, those with Hot predisposition tend to benefit from a conservative approach. Try not to introduce changes actively. Those with Neutral predisposition aren't particularly lucky either. The presiding god this year is the Horse of Fire nature, whereas the Rat is Water in nature. As the Water fights with Fire, the Rats should pay attention to ailments related to your fingers and back. You're also likely suffer from emotional instability. You are especially susceptible to accidents and injuries in Lunar May and Lunar November, when you're advised to donate blood or get your teeth scaled by a dentist to pre-empt any real injury. You may also use a Feng Shui setup to dissipate the bad energy. Just put three potted plants in the Centre grid of your home.

8. **The Horse is “torturing” the presiding god**

“Torturing” the presiding god brings gossips, arguments and poor human relationships. As the Horses “torture” Him this year, they must be bothered by more gossips and fights than usual. You may put a glass of water in the Centre grid (i.e. the direction of relationship this year) of your home to boost your interpersonal skills. That would spare you from the arguments and badmouthing to some extent.



GENERAL FENG SHUI SETUPS FOR THE YEAR OF THE HORSE

Nine-grid flying star diagram of the year

The East	direction of wealth with Ba Bai 八白 (the former star of wealth) in
The Southeast	direction of joyful events with Jiu Zi 九紫 (the current star of wealth) in
The South	direction of major sickness and disaster with Wu Huang 五黃 in
The Southwest	direction of broken army with Qi Chi 七赤 in
The West	direction of gossips and arguments with San Bi 三碧 in
The Northwest	direction of minor sickness with Er Hei 二黑 in
The North	direction of military prowess and courage with Liu Bai 六白 in
The Northeast	direction of intellectual achievement with Si Lu 四綠 in
The Centre	direction of relationship with Yi Bai 一白 in

General Setups for the whole year:

S	E	W
 9 (joyful events) 4 potted plants and 9 stems of red flowers	 5 (major sickness) A music box and a glass of water	 7 (broken army) A glass of water
 8 (wealth) A glass of water	 1 (relationship) A music box and a glass of water	 3 (gossips and arguments) a pink object
 4 (intellectual achievement) 4 water bamboo plants or a glass of water	 6 (military prowess) A glass of water for wealth or 8 white pebbles for promotion	 2 (minor sickness) A music box
N		

The East

The former star of wealth Ba Bai (8) is here this year. Though its energy is fading, you might as well put a glass of water, grow water plants, or put a fish tank in this grid of your house to boost your luck of wealth.

The Southeast

This is the direction of joyful events with Jiu Zi (9) here. If you have been in a stable relationship for some time but without a marriage plan yet, you can put 4 potted plants and surround them with 9 stems of red flowers in this direction to make it happen. Of course, boosting the energy in this direction also brings other joyful events. If you're married, putting plants and flowers here may bring you a baby. If you want a job promotion or salary raise, putting 4 potted plants in this grid helps too. But just skip the red flowers.



The South

This is the direction of major sickness and disaster because of the presence of the highly unlucky star Wu Huang (5). It brings problems to your respiratory system and abdomen, such as your lungs, bones, throat, trachea, skin and gastrointestinal tract. If your main door, kitchen or bedroom falls right in this grid, or your bed is in this grid of your house, your symptoms are likely to be more serious. To resolve, put a conventional music box or wind chimes in this grid. You can also put other metal objects that make a sound here, such as several metal keys, but not just one key. Then put a glass of water next to the metal objects.

The Southwest

This is where the star Qi Chi (7) shines on. It is a star that ruins your wealth luck and attracts gossips. Thus, you should put a glass of water here to resolve.

The West

This is the direction of quarrels and fights as San Bi (3) shows up here, and you can put a pink object in this grid of your home to resolve. If your job demands talking to strangers frequently, you don't need to resolve it.

The Northwest

This is the direction of minor sickness with Er Hei (2) taking up the spot. If the main door, kitchen or bedroom falls right in this grid, your family tends to get sick easily. The ailments would be mostly related to the respiratory system (i.e. throat, trachea, and lungs) and the abdomen (i.e. gastrointestinal system). You can put a metal object that makes a sound (e.g. a conventional music box, wind chimes or a bunch of metal keys) in this grid of your house to resolve the respiratory problem. In case you suffer from diarrhoea or abdominal pain, put a red carpet here. Use either remedy at one time. Don't use both at the same time.

The North

With Liu Bai (6) here, this is the direction of courage and military prowess and it brings luck to anyone having

a non-clerical job. If you want a promotion, put 8 white stones in this grid of your house. If you want a salary raise, put a glass of water here. Those in disciplinary squads, rail maintenance workers, computer hardware technicians, interior decoration workers, and other technical workers would all benefit from this direction.

The Northeast

This is where the luck of intellectual achievement is located because Si Lu (4) shows up here. To boost such luck, you can grow 4 water bamboo plants in this grid of your house. Or simply putting a glass of water here would help too. Besides enhancing the luck among students, scholars and those pursuing further education, this direction also has positive effects on signing contracts or processing of documents.

The Centre Grid

This is the direction of relationship because Yi Bai (1) takes up this grid. To boost your love luck and general human relations, put a glass of water here and a conventional music box next to it. Wind up the music box and play it from time to time to vibrate the water with sound waves. The luck of relationship is not only useful to single readers. Married readers who want to make more connections, or whose jobs entail frequent social interactions and interpersonal skills may boost your career luck by putting a glass of water in this grid (without the music box).

Note

Metal (music box)	– you can use any metal object that makes a sound to replace it, such as a copper bell, copper coins or some keys. Yet, do not use an electronic music box.
Earth (stone)	– anything made of stone or a natural rock
Water (water)	– a glass of tap water (not distilled), a water plant, or a fish tank
Wood (plant)	– any potted or water plant except cactus
Fire (red object)	– any red object would do, such as a Laisse envelope, or New Year couplets



Horse

1930, 1942, 1954, 1966, 1978, 1990, 2002, 2014

Cold predisposition – those born after 8 August and before 6 March of the following year in Western calendar (i.e. after the Beginning of Autumn and before Jing Zhe 驚蟄 in Lunar calendar)

Hot predisposition – those born after 6 May and before 8 August in Western calendar (i.e. after the Beginning of Summer and before the Beginning of Autumn in Lunar calendar)

Neutral predisposition – those born after 6 March and before 6 May in Western calendar (i.e. after Jing Zhe 驚蟄 and before the Beginning of Summer in Lunar calendar)



The Horses were blessed by the star of temporary relationship Xian Chi 咸池 in 2025. Single Horses might have experienced some short-lived romances. Those of you in stable relationships might have turned your love luck into excellent human relations that tend to bring smooth progress to whatever you do. Horses with Cold predisposition of course did well thanks to the Wood-Fire dominance that worked to their advantage. Even those with Hot or Neutral predisposition could slow down the way their luck waned under the blessings of Xian Chi. The star's positive influence will linger on in the first season this year, making your luck slightly better. From Lunar April onwards, Xian Chi's power wears off and the

Horses have to deal with the negative impacts of your offence against the presiding god. That being said, your offence has little to do with your personal luck per se. That means those with Cold predisposition may still take on new challenges if you come across any viable opportunities. Those with Hot or Neutral predisposition should see your luck wane further and you're advised to take a conservative approach in all aspects of your lives. Try not to make any important decisions in 2026. Otherwise, your impaired judgment would make things even worse.

Among all Horses, those 36-year-olds are bothered most by negative emotions due to your offence against the presiding god, followed by those 48- and 12-year-olds. Remind yourself to think positive. In case of an episode of intense negative emotion, do not lock yourself up at home. Spend some time out with your friends to take the edge off. Keep your mind occupied as much as you can. Staying home alone just gives you more chances to dwell on negative thoughts repeatedly, worsening your moods. Those 24-year-old Horses are likely to experience changes in romantic terms, which could mean getting married, conceiving a child, or starting a new romance. In these cases, such events would help alleviate your negative emotions somehow. However, if you have a breakup at your age, you will be more traumatized than those 36-year-olds. If you can, travel abroad in Lunar May to get yourself in better moods. Those with Cold predisposition should go east or south. Those with Hot or Neutral predisposition should go west or north. Make sure you don't travel in the wrong directions, as that could make things worse.

Those 60-year-olds may suffer from physical ailments and you should check your lips and teeth to see if you're among those with heightened risk. From face-reading point of view, those of you with dull dark lips, drooping mouth corners, missing or decaying front tooth are likely to suffer from health issues in 2026. Schedule a body check and nip them in the bud.

Your offence against the presiding god also tends to bring injuries. In Lunar May and November in particular,



beware of injuries on your fingers and back. Motorists should drive with utmost care in those months. If you can, donate blood, get your teeth cleaned by a dentist, or have a blood test in those months, just to realize the destined “bloodshed” in your fate and pre-empt any real injury.

On top of that, the Horses have chances to learn or to invest in 2026. If time allows, sign up for a short course or learn something that interests you. That would keep your mind occupied, downplaying the negative impacts of your offence.

In your constellation, there is the lucky star Jin Gui 金匱, literally “a gold chest”. The star brings affluence and prosperity and you get to accumulate some wealth in 2026. It may also reduce your chance of losing money without a reason in your year of offence.

The star Jiang Xing 將星 helps you climb the social ladder. However, the Horses don't have strong signs of elevated social status this year, meaning the star may not help much.

On the down side, you have Jian Feng 劍鋒 (literally “a sword blade”) and Fu Shi 伏屍 (literally “a corpse in prone position”) in your constellation. These two inauspicious stars always show up in the constellation of those offending the presiding god, boosting their risk of injury. The only thing you can do is to donate blood and get your teeth cleaned by a dentist to pre-empt any real injury.

The unlucky star Tai Sui 太歲 is the same as offending the presiding god. I have explained its impacts in the first few paragraphs.

The star San Xing 三刑 means the Horses are also “torturing” the presiding god, which is a form of disagreement with Him, in addition to offending Him. When you “torture” the presiding god, you're bothered by more gossips and backstabbers than usual. To resort to Feng Shui tools, put a glass of water in the centre grid of your house or room (i.e. the direction of relationship this year) to boost your interpersonal

skills, and put a pink object in the west grid (i.e. the direction of gossips and arguments) to dissipate the gossipy energy.



Cold predisposition – Into the second year of strong Fire dominance, your luck will get a boost. You're supposed to take on challenges boldly whenever you come across any viable opportunity. However, your offence against the presiding god is likely to impair your judgment and undermine your luck. If you can tackle your emotional problems wisely, you're still likely to make some promising progress.

Hot predisposition – Into the second year of strong Fire dominance, I'm afraid your luck will wane further. Worse still, your offence against the presiding god tends to impair your judgment. Therefore, it's advisable to take a conservative approach no matter what you do in 2026. Do not act on sudden impulses. No matter how much you hate your existing job, try to hang in there for now. Things may only get slightly better if your new job is of a lesser title, with a lesser pay and less stress. In fact, you'd have a much better chance of pulling things off if you wait till after the autumn of 2028 to introduce any change in career terms.

Neutral predisposition – Though you're said to have stable luck all your life, you'd see your luck waning into the second year of strong Fire dominance. Thus, you're advised to take a conservative approach. Avoid introducing changes as much as you can. I believe that would help you cope with your waning luck better.



Born in 1930 – You don't feel like working hard and you don't even want to lift a finger. Though you're not getting any younger, you should still maintain a certain level of activity, so as to slow down the deterioration of bodily functions.

Born in 1942 – You'd assume more authority and climb the social ladder. But in your 80s, it's not likely that you'd still